

Peripheral Neuropathy Care Pathway

Prevention

Prevention

No standard approaches to prevention

Assessment

Assessment

Assess routinely using [SSPedi](#)

Mild Bother

(SSPedi score = a little)

Moderate Bother

(SSPedi score = medium)

Severe Bother

(SSPedi score = a lot or extremely)

Allocate resources based on severity of bother and according to the preferences and capabilities of the patient

Treatment

Treatment and Resources

Neuropathy

Consult occupational therapy or physiotherapy as indicated

Neuropathic Pain

Initial Therapy

Consider non-pharmacological treatments such as physical and psychological therapies

Consult physiotherapy, occupational therapy, psychiatry, psychology, social work or child life services

Use amitriptyline, duloxetine, gabapentin or pregabalin as initial treatment for neuropathic pain

If initial treatment is not effective or not tolerated, use one of the other three initial agents
Repeat if necessary

If new treatment for neuropathic pain is started, ensure overlap with old treatment to maintain pain control during transition

When discontinuing treatment, taper doses to avoid withdrawal symptoms

Consider using capsaicin cream for localized neuropathic pain for patients who wish to avoid or who cannot tolerate oral treatments

Ongoing Management

Consult supportive service as indicated

Consult pain service, anesthesia, palliative care, physiotherapy, integrative therapy, psychiatry, psychology, social work or child life services

Do not use to treat neuropathic pain: cannabis sativa extract, capsaicin patch, lacosamide, lamotrigine, levetiracetam, morphine, oxcarbazepine, sodium valproate, topiramate, tramadol or venlafaxine

Care Pathway

SSPedi: Symptom Screening in Pediatrics



Please tell us how much each of these things **bothered** you **yesterday or today** by ticking the circle that best describes the amount it bothered you:

	Not at all bothered	A little	Medium	A lot	Extremely bothered
Feeling disappointed or sad	<input type="radio"/>				
Feeling scared or worried	<input type="radio"/>				
Feeling cranky or angry	<input type="radio"/>				
Problems with thinking or remembering things	<input type="radio"/>				
Changes in how your body or face look	<input type="radio"/>				
Feeling tired	<input type="radio"/>				
Mouth sores	<input type="radio"/>				
Headache	<input type="radio"/>				
Hurt or pain (other than headache)	<input type="radio"/>				
Tingly or numb hands or feet	<input type="radio"/>				
Throwing up or feeling like you may throw up	<input type="radio"/>				
Feeling more or less hungry than you usually do	<input type="radio"/>				
Changes in taste	<input type="radio"/>				
Constipation (hard to poop)	<input type="radio"/>				
Diarrhea (watery, runny poop)	<input type="radio"/>				

Please tell us about any other things that have bothered you lately by writing about them here.