

1980s

Despite 40 years of research evidence, infants still experience pain with inadequate treatment

2025

Untreated pain experienced as an infant can have negative effects that last a lifetime

The ImPaC Resource Process

The ImPaC Resource guides healthcare professionals to enhance pain assessment and treatment using validated tools and implementation strategies



BIIP
FLACC
MBPS
NIPS
N-PASS
PIPP-R



Skin to Skin contact



Facilitated tucking



Swaddling



Non-nutritive sucking



Breastfeeding

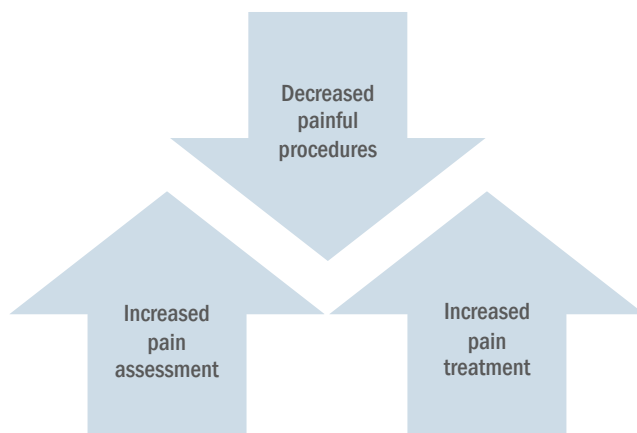


Sucrose

Research Supporting The ImPaC Resource

How the Resource improves clinical practice

In research comparing NICUs that implemented the Resource versus continuing with standard practice, we found the following significant results:



What users say about implementing the ImPaC Resource

"The tools created a discussion point [...] you know all the guidelines. It was not only education we were able to talk about the purposes to the staff"

"I knew where we were at and okay this is what we've done here. Now we go to step number two or whatever step we're at....it was easy to follow that way"

"They had all the evidence and research to back it up. It was very thorough and it provided many different options which was good"

"the resources ...they were incredible. Very easy to access....exactly what we needed [...] simple, concise, easy to follow and not another level of information overload"

This research is led by Dr. Bonnie Stevens and the CIHR ImPaC Resource Trial Team

For more information about the ImPaC Resource:
Email bonnie.stevens@sickkids.ca or impac.resource@sickkids.ca or scan the QR code

