

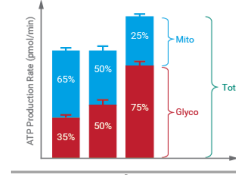
# Navigating your Seahorse assay journey

Where do I start?

Approach:

Broad

## XF ATP Production Rate Assay



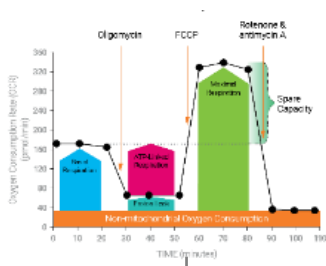
Aerobic?

Glycolytic?

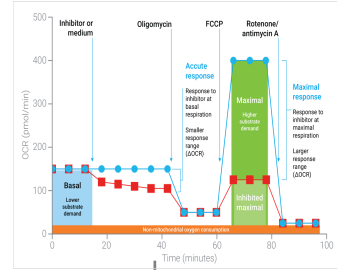
OCR Specific Assays

ECAR Specific Assays

### XF Cell Mito Stress Test

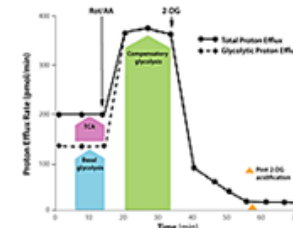


### Substrate Oxidations Stress Tests

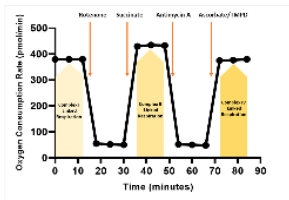


Glucose  
Glutamine  
LCFA

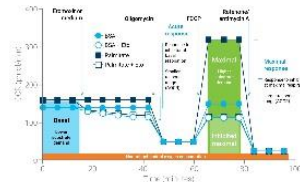
### XF Glycolytic Rate Assay



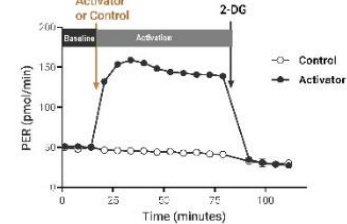
### XF PMP (Cell Permeabilizer), Isolated Mitochondria work



### Palmitate Oxidation Stress Test



### XF Human Tcell Activation Assay



Targeted

