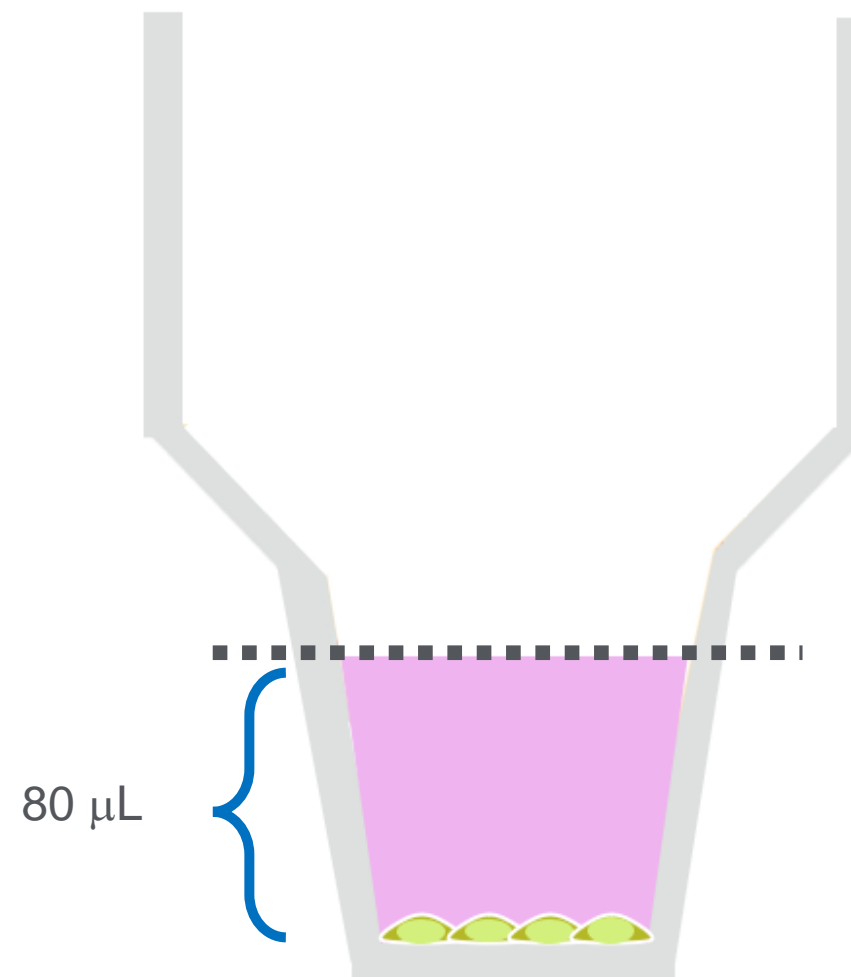
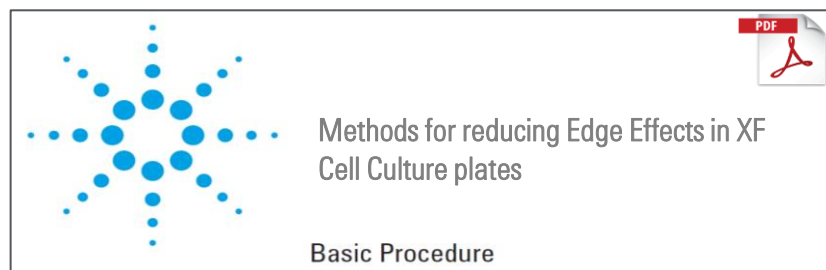


Seeding *adherent* cells in the XF cell plates: XFe96, XFp

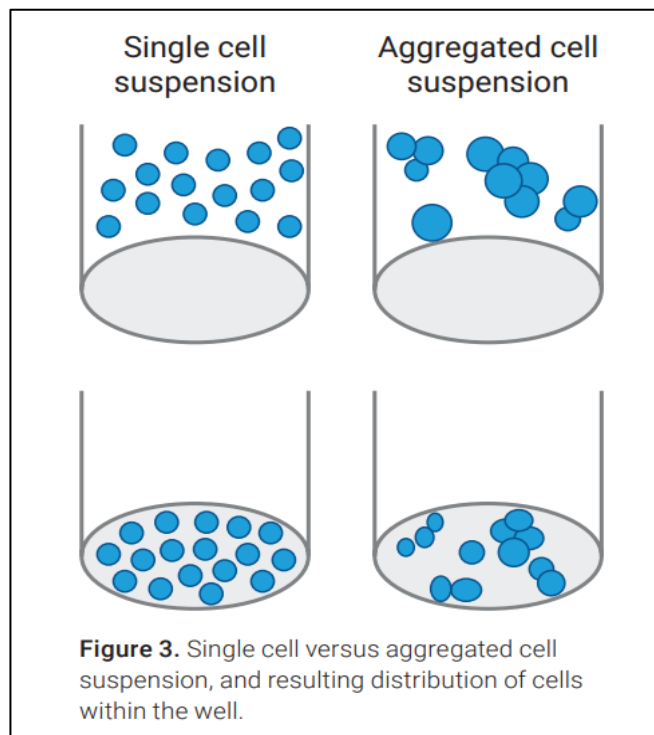
(Day before experiment)

- Seed adherent cells in 80 μL /well
- Use regular tissue culture media
 - (NOT Seahorse XF assay media)
- *Allow plate to rest at room temperature in the tissue culture hood for one hour*
- Allow cells to grow O/N in TC incubator



Reducing edge effects

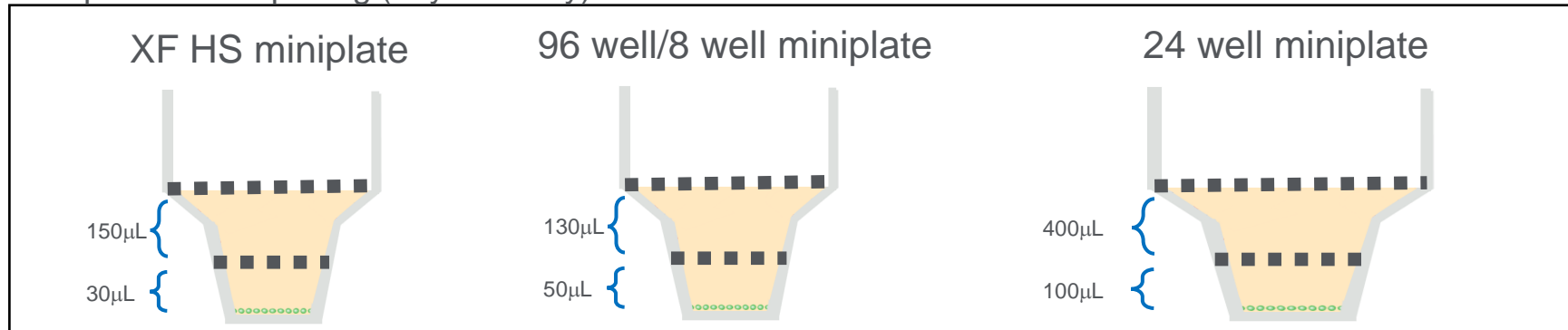
Single Cell Suspensions and Low Volume Plating



Adherent cell plating (day before assay)



Suspension cell plating (day of assay)



[Seeding Adherent Cells in Agilent Seahorse XF Pro M Cell Culture Microplates](#)