

CPCHILD™ Caregiver Priorities & Child Health Index of Life with Disabilities

Instructions

1. This questionnaire is about your child's health, comfort and well being, and about caring for his/her needs.
2. Please read the instructions carefully.
3. Please answer all questions by circling the number that fits best. You may write down any comments/clarifications in the space provided below each question.

For Example:

<p>Consider how each of the following activities is <u>usually</u> performed by/for your child.</p> <p>Rate how <u>difficult</u> each of these activities were in the past 2 weeks,</p> <p><u>and</u> choose the <u>level of assistance</u> that was required to help your child perform these activities.</p> <p>Lastly, select <u>how important a goal</u> it is for your child to improve in each of the following activities.</p>								LEVEL OF ASSISTANCE				LEVEL OF IMPORTANCE		
								TOTAL	MODERATE	MINIMAL/SUPERVISED	INDEPENDENT	NOT IMPORTANT GOAL	SOMEWHAT IMPORTANT GOAL	VERY IMPORTANT GOAL
During the past 2 weeks, how difficult was the following:	Not possible (almost impossible)	Very difficult	Difficult	Slightly difficult	Easy	Very easy	No problem at all							
1. putting on/ wearing footwear? (socks, shoes, braces, etc.)	0	①	2	3	4	5	6	①	1	2	3	0	1	②

In the above example, the task of putting on / wearing footwear was rated as *very difficult*, and the child required *total* assistance to put on footwear. Additionally, the parent rated putting on footwear as a *very important* goal to improve.

SECTION 1: PERSONAL CARE / ACTIVITIES OF DAILY LIVING

Consider how each of the following activities is **usually** performed by/for your child.

Rate how **difficult** each of these activities were in the past 2 weeks,

and choose the **level of assistance** that was required to help your child perform these activities.

Lastly, select **how important a goal** it is for your child to improve in each of the following activities.

During the past 2 weeks , how difficult was the following:								LEVEL OF ASSISTANCE				LEVEL OF IMPORTANCE		
	Not possible (almost impossible)	Very difficult	Difficult	Slightly difficult	Easy	Very easy	No problem at all	TOTAL	MODERATE	MINIMAL/SUPERVISED	INDEPENDENT	NOT IMPORTANT GOAL	SOMEWHAT IMPORTANT	VERY IMPORTANT GOAL
1. Eating/drinking or being fed? (in the usual way that it is done i.e. orally <u>or</u> by tube <u>or</u> both)	0	1	2	3	4	5	6	0	1	2	3	0	1	2
2. Maintaining oral hygiene? (keeping mouth and teeth clean)	0	1	2	3	4	5	6	0	1	2	3	0	1	2
3. Bathing / washing?	0	1	2	3	4	5	6	0	1	2	3	0	1	2
4. Toileting activities? (bladder & bowel function, hygiene etc)	0	1	2	3	4	5	6	0	1	2	3	0	1	2
5. Changing diapers/underwear?	0	1	2	3	4	5	6	0	1	2	3	0	1	2
6. Putting on/taking off upper body clothing? (shirt, jacket, etc)	0	1	2	3	4	5	6	0	1	2	3	0	1	2
7. Putting on/taking off lower body clothing? (pants, etc)	0	1	2	3	4	5	6	0	1	2	3	0	1	2
8. Putting on/wearing footwear? (socks, shoes, braces, etc)	0	1	2	3	4	5	6	0	1	2	3	0	1	2
9. Hair care? (washing, drying, brushing/combing, braiding, etc)	0	1	2	3	4	5	6	0	1	2	3	0	1	2
1A. Other personal care activity? Specify: _____	0	1	2	3	4	5	6	0	1	2	3	0	1	2

1B. Other personal care activity? Specify: _____	0	1	2	3	4	5	6	0	1	2	3	0	1	2
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SECTION 2: POSITIONING, TRANSFERRING & MOBILITY

Consider how each of the following activities is **usually** performed by/for your child.

Rate how **difficult** each of these activities were in the past 2 weeks,

and choose the **level of assistance** that was required to help your child perform these activities.

Lastly, select **how important a goal** it is for your child to improve in each of the following activities.

During the past 2 weeks, how difficult was the following:	Not possible (almost impossible)	Very difficult	Difficult	Slightly difficult	Easy	Very easy	No problem at all	LEVEL OF ASSISTANCE				LEVEL OF IMPORTANCE		
								TOTAL	MODERATE	MINIMAL/SUPERVISED	INDEPENDENT	NOT IMPORTANT GOAL	SOMEWHAT IMPORTANT GOAL	VERY IMPORTANT GOAL
10. Getting in and out of bed?	0	1	2	3	4	5	6	0	1	2	3	0	1	2
11. Transferring into/out of a wheelchair/chair?	0	1	2	3	4	5	6	0	1	2	3	0	1	2
12. Sitting in a wheelchair/chair?	0	1	2	3	4	5	6	0	1	2	3	0	1	2
13. Standing for exercise/transfers?	0	1	2	3	4	5	6	0	1	2	3	0	1	2
14. Moving about in the home? (in whatever way possible)	0	1	2	3	4	5	6	0	1	2	3	0	1	2
15. Moving about outdoors? (in whatever way possible)	0	1	2	3	4	5	6	0	1	2	3	0	1	2
16. Getting in and out of a motor vehicle? (car, van, or bus)	0	1	2	3	4	5	6	0	1	2	3	0	1	2
17. Visible public places? (park, theatre, sightseeing, etc.)	0	1	2	3	4	5	6	0	1	2	3	0	1	2
2A. Other activity? Specify: _____	0	1	2	3	4	5	6	0	1	2	3	0	1	2

2B. Other activity? Specify: _____	0	1	2	3	4	5	6	0	1	2	3	0	1	2
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SECTION 3: COMFORT & EMOTIONS

							INTENSITY				LEVEL OF IMPORTANCE		
							SEVERE	MODERATE	MILD	NONE	NOT IMPORTANT GOAL	SOMEWHAT IMPORTANT GOAL	VERY IMPORTANT GOAL
<p>Indicate how often your child experienced pain or discomfort in the past 2 weeks,</p> <p>and choose the level of intensity of the pain or discomfort your child experienced.</p> <p>Lastly, select how important a goal it is for your child to improve their pain or discomfort in each area.</p>													
During the <u>past 2 weeks</u> , how often did your child experience pain or discomfort:	Every day	Very often	Fairly often	A few times	Once or twice	None of the time							
18. While eating/drinking or being fed?	0	1	2	3	4	5	0	1	2	3	0	1	2
19. During toileting? (bladder & bowel function, hygiene, diapering, etc.)	0	1	2	3	4	5	0	1	2	3	0	1	2
20. While dressing/undressing?	0	1	2	3	4	5	0	1	2	3	0	1	2
21. During transfers or position changes?	0	1	2	3	4	5	0	1	2	3	0	1	2
22. While seated?	0	1	2	3	4	5	0	1	2	3	0	1	2
23. While lying down in bed?	0	1	2	3	4	5	0	1	2	3	0	1	2
24. That disturbed your child's sleep?	0	1	2	3	4	5	0	1	2	3	0	1	2
3A. During other activity? Specify: _____	0	1	2	3	4	5	0	1	2	3	0	1	2
3B. During other activity? Specify: _____	0	1	2	3	4	5	0	1	2	3	0	1	2

<p>Rate how often your child experienced negative emotions in the past 2 weeks,</p> <p>and choose the level of intensity of the negative emotions your child experienced.</p> <p>Lastly, select how important a goal it is for your child to improve in each of the following activities.</p>							INTENSITY				LEVEL OF IMPORTANCE		
							SEVERE	MODERATE	MILD	NONE	NOT IMPORTANT GOAL	SOMEWHAT IMPORTANT GOAL	VERY IMPORTANT GOAL
During the past 2 weeks , how often was your child:	Everyday	Very often	Fairly often	A few times	Once or twice	None of the time							
25. Agitated, upset, or angry?	0	1	2	3	4	5	0	1	2	3	0	1	2
26. Unhappy or sad?	0	1	2	3	4	5	0	1	2	3	0	1	2

SECTION 4: COMMUNICATION & SOCIAL INTERACTION

Consider how each of the following activities is **usually** performed by/for your child.

Rate how **difficult** each of these activities were in the past 2 weeks.

Lastly, select **how important a goal** it is for your child to improve in each area.

								LEVEL OF IMPORTANCE		
								NOT IMPORTANT GOAL	SOMEWHAT IMPORTANT GOAL	VERY IMPORTANT GOAL
During the past 2 weeks, how much difficulty did your child have:	Not possible (almost impossible)	Very difficult	Difficult	Slightly difficult	Easy	Very easy	No problem at all			
27. Understanding you?	0	1	2	3	4	5	6	0	1	2
28. Being understood by you?	0	1	2	3	4	5	6	0	1	2
29. Communicating with those who don't know your child well?	0	1	2	3	4	5	6	0	1	2
30. Playing alone?	0	1	2	3	4	5	6	0	1	2
31. Playing with others?	0	1	2	3	4	5	6	0	1	2
32. Attending school/child care?	0	1	2	3	4	5	6	0	1	2
33. Participating in recreational activities (swimming, interacting with family and friends, etc.)?	0	1	2	3	4	5	6	0	1	2
4A. Other social activity? Specify: _____	0	1	2	3	4	5	6	0	1	2
4B. Other social activity? Specify: _____	0	1	2	3	4	5	6	0	1	2

CPCHILD GOAL-BASED

SECTION 5: HEALTH

<p>Indicate the <u>number of times</u> your child has visited the doctor in the past 2 weeks,</p> <p><u>and how important a goal</u> it is for your child to minimize the number of doctors' visits and hospitalizations.</p>							LEVEL OF IMPORTANCE		
	Admitted >7 days	Admitted <7 days	3 or more times	Twice	Once	None	NOT IMPORTANT GOAL	SOMEWHAT IMPORTANT GOAL	VERY IMPORTANT GOAL
34. How many times has your child had to visit the doctor or the hospital?	0	1	2	3	4	5	0	1	2

<p>Rate your child's overall health in the past 2 weeks, <u>and how important a goal</u> it is for your child to improve their overall health.</p>							LEVEL OF IMPORTANCE		
	Very poor	Poor	Fair	Good	Very good	Excellent			
35. How would you rate your child's overall health?	0	1	2	3	4	5	0	1	2

	LEVEL OF IMPORTANCE		
Rate how important it is to your child's quality of life to minimize the number of medications they take.	NOT IMPORTANT GOAL	SOMEWHAT IMPORTANT GOAL	VERY IMPORTANT GOAL

	0	1	2
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36. List the medications your child has been taking in the last 2 weeks AND please rate how important of a goal it is to minimize the number of medications they take.

0. No medications <input type="checkbox"/>	
1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

SECTION 6: YOUR CHILD'S OVERALL QUALITY OF LIFE

<p>Rate your child's overall quality of life in the past 2 weeks, and how important a goal it is for your child to improve their overall quality of life.</p>							LEVEL OF IMPORTANCE		
							NOT IMPORTANT GOAL	SOMEWHAT IMPORTANT GOAL	VERY IMPORTANT GOAL
	Very poor	Poor	Fair	Good	Very good	Excellent			
	0	1	2	3	4	5	0	1	2
37. How would you rate your child's overall quality of life?									

SECTION 7: FACTS ABOUT YOUR CHILD

1. My child is:	<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> _____
2. What is your child's date of birth?	_____ / _____ Month / Year
3. What is the <u>highest</u> school grade your child has completed? (check only one grade)	<input type="checkbox"/> Preschool <input type="checkbox"/> Kindergarten <input type="checkbox"/> 1 st Grade <input type="checkbox"/> 2 nd Grade <input type="checkbox"/> 3 rd Grade <input type="checkbox"/> 4 th Grade <input type="checkbox"/> 5 th Grade <input type="checkbox"/> 6 th Grade <input type="checkbox"/> 7 th Grade <input type="checkbox"/> 8 th Grade <input type="checkbox"/> 9 th Grade <input type="checkbox"/> 10 th Grade <input type="checkbox"/> 11 th Grade <input type="checkbox"/> 12 th Grade <input type="checkbox"/> Ungraded If ungraded, how many years attended? _____

SECTION 8: FACTS ABOUT YOU

1. You are	<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> _____
2. What is your child's date of birth?	_____ / _____ Month / Year
3. Which of the following best describes your current work status? (check all that apply)	<input type="checkbox"/> Not working due to my child's health <input type="checkbox"/> Not working for other reasons <input type="checkbox"/> Looking for work outside the home <input type="checkbox"/> Working full or part time (either outside the home or at a home-based business) <input type="checkbox"/> Full time homemaker
4. Which of the following best describes your relationship to your child?	<input type="checkbox"/> Biological Parent <input type="checkbox"/> Step Parent <input type="checkbox"/> Foster Parent <input type="checkbox"/> Adoptive Parent <input type="checkbox"/> Guardian <input type="checkbox"/> Professional caregiver <input type="checkbox"/> Other: please explain: _____
5. On average, how many days per week are you responsible for care giving activities for your child?	_____ days per week
6. What is the highest level of school you have completed?	<input type="checkbox"/> Some high school or less <input type="checkbox"/> High school diploma/GED <input type="checkbox"/> Vocational school or some college <input type="checkbox"/> College or University degree <input type="checkbox"/> Professional or Graduate degree

How long has it taken you to complete this questionnaire only (in minutes): _____

THANK YOU FOR YOUR PARTICIPATION!

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