# Clinician-reported Genetic testing Utility InDEx (C-GUIDE)™ Translation Guidelines

To facilitate international use of C-GUIDE<sup>TM</sup> and maintain its content validity, we have translated it into different languages using methodology adapted from Beaton et al., 2000<sup>1</sup>, 2002<sup>2</sup>, Narayanan, 2021<sup>3</sup>, as represented in Figure 1 below.

### **Step 1 - Forward Translation**

The first step in this process was forward translation. C-GUIDE<sup>TM</sup> was translated from English into the target language (e.g., French, Spanish, German) independently, by two bilingual translators. Each translator's native language was the target language. This enabled the translator to accurately reflect the nuances of the target language.

The two translators had different professional backgrounds to ensure best possible translation<sup>1</sup>: **Translator #1:** One of the translators was a clinical expert in genetics and familiar with the concepts included in the C-GUIDE<sup>TM</sup> items. Their goal was to produce a translation that provides equivalency with the English version from a clinical and scientific perspective.

**Translator #2:** The other translator was a professional translator from an external translation agency and was not familiar with the clinical context. Their goal was to produce a translation that is not influenced by clinical knowledge but reflects the everyday use of the language by the target population.

Each translator translated the content independently, producing two distinct preliminary translations of C-GUIDE<sup>TM</sup> (*C*-GUIDE<sup>TM</sup> Translation 1 and 2) in the target language.

#### **Step 2 - Consensus Meeting**

In the next step, the two translators and members of the C-GUIDE<sup>TM</sup> team met to review and compare the two translations. After comparison of the translations and discussion of discrepancies, the three parties came to an agreement on wording in order to produce a single translation. It is important to note that consensus was achieved; individual perspectives were not compromised to resolve differences<sup>2</sup>. This step resulted in a single, consensus-derived translation document (*C-GUIDE<sup>TM</sup> Draft Translation*).

#### **Step 3 - Back Translation**

In this step, C- $GUIDE^{TM}$  Draft Translation was translated from the target language back to the original language (English). The purpose of the back translation was to ensure content validity and to verify that the translated version accurately reflected the intended meaning of the items in the original version<sup>2</sup>. This step was done by a third bilingual translator from an external translation agency whose native language was English, resulting in a back translated version of C-GUIDE<sup>TM</sup> in English.

#### **Step 4 – Edits to Translated Material**

In the final step, the back translation was compared to the original English C-GUIDE<sup>TM</sup>. The C-GUIDE<sup>TM</sup> team and clinical genetics expert met to review the two versions and discuss discrepancies between the original and back translated C-GUIDE<sup>TM</sup> versions. Through group discussion, appropriate edits were made to the translated document, producing a final version of the translated material that was equivalent to the original C-GUIDE<sup>TM</sup> (*Final C-GUIDE<sup>TM</sup> Translation*).

The translated C-GUIDE<sup>TM</sup> was then ready to be used in the target language. The C-GUIDE<sup>TM</sup> team remains open to feedback and modification of the translation, if needed.

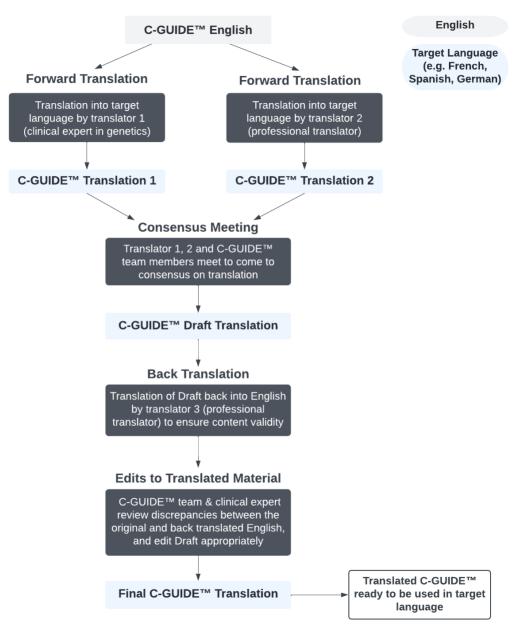


Figure 1. C-GUIDE<sup>TM</sup> Translation Guidelines

## References

- 1. Beaton D, Bombardier Guillemin F, Ferraz MB. Guidelines for the process of cross-cultural adaptation of self-report measures. Spine 2000; 25:3186-91.
- 2. Beaton D, Bombardier Guillemin F, Ferraz MB. Recommendations for the cross-cultural adaptation of health status measures. Am Acad Orthop Surg 2002; p. 1-9. 2.
- 3. Narayanan U. Summary of Methodology: Translation and cross-cultural adaptation. 2021; <u>https://lab.research.sickkids.ca/pscoreprogram/wp-content/uploads/sites/72/2017/12/Translation-Guidelines.pdf</u>. Accessed 12 Sept. 2022.