

Item 20.2: Recruitment – Recognition for trial participation

Describe how participating children/adolescents will be given recognition for trial participation

Administrative information	1a.1	Title and structured summary
Open science	6.1	Data sharing
Introduction	9a.1	Background and rationale <i>Prevalence/incidence</i>
	9a.2	Background and rationale <i>Extrapolation</i>
	9a.3	Background and rationale <i>Research question or aim</i>
Methods	13.1	Trial setting
	14a.1	Eligibility criteria
	15a.1	Intervention and comparator <i>Dose/formulation</i>
	15a.2	Intervention and comparator <i>Adaptations</i>
	15a.3	Intervention and comparator <i>Intervention delivery</i>
	16.1	Outcomes
	17.1	Harms <i>Mitigation measures</i>
	17.2	Harms <i>Efforts to reduce risk</i>
	20.1	Recruitment <i>Impact of trial participation</i>
	20.2	Recruitment <i>Recognition for trial participation</i>
Ethics	32a.1	Consent or assent
	34.1	Ancillary and post-trial care

Key elements for reporting this item:

- Type of recognition and whether monetary or non-monetary
- If monetary, type of payment based on the ERIC collaborative classification, whether reimbursement, compensation, appreciation, incentives, or a blend
- Rationale of how recognition was decided
- Timing of recognition.

Examples:

“As compensation for time and travel expenses, participants will be offered a \$25 gift voucher and a small gift of appreciation for the child after completion of each of the assessments.”

Kohlhoff J, Cibralic S, Wallace N, et al. A randomized controlled trial comparing parent child interaction therapy - toddler, circle of security- parenting™ and waitlist controls in the treatment of disruptive behaviors for children aged 14-24 months: study protocol. BMC Psychol 2020;8:93. doi:10.1186/s40359-020-00457-7.

“All parking costs will be reimbursed at the end of the study period, whether participants complete the study or not. Participants who complete the project and submit all research questionnaires will receive a Can \$20 (US \$16) gift card at the end of the study period. Participants will also receive a certificate of completion of the MARS-A curriculum at the end of the study period regardless of the number of mindfulness sessions attended.”

Chadi N, Kaufman M, Weisbaum E, et al. In-Person Versus eHealth Mindfulness-Based Intervention for Adolescents With Chronic Illness: Protocol for a Randomized Controlled Trial. JMIR Res Protoc 2017;6:e241. doi:10.2196/resprot.7700

“In order to motivate children’s active participation, the staff will use several strategies to celebrate success achieving the proposed objectives in both the healthy lifestyle education and the exercise programs: celebrate and recognize their efforts, reward with smiley emoticons, etc. Children who complete the program successfully will be rewarded with a certificate of completion.

Arenaza L, Medrano M, Amasene M, et al. Prevention of diabetes in overweight/obese children through a family based intervention program including supervised exercise (PREDIKID project): study protocol for a randomized controlled trial. Trials 2017;18:372. doi:10.1186/s13063-017-2117-y.

Statement (co-published in *The BMJ*, *JAMA Pediatrics*, and *The Lancet Child and Adolescent Health*): Baba A, Smith M, Potter BK, et al. SPIRIT-Children and Adolescents (SPIRIT-C) 2026 Extension Statement: Enhancing the Reporting and Usefulness of Paediatric Randomised Trial Protocols. *BMJ* 2026;392:e085062. doi: [10.1136/bmj-2025-085062](https://doi.org/10.1136/bmj-2025-085062)

Explanation and Elaboration: Baba A, Smith M, Potter BK, et al. SPIRIT-C 2026 explanation and elaboration: recommendations for enhancing the reporting and impact of paediatric randomised trials. *BMJ* 2026;392:e085064. doi: [10.1136/bmj-2025-085064](https://doi.org/10.1136/bmj-2025-085064)