

## Tip Sheets for Patients - II

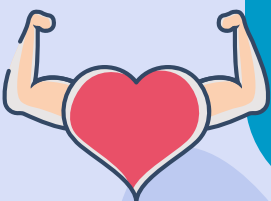


### What is a systematic review?

- A type of review that identifies and summarizes all the research findings (evidence) on a particular question or topic in a standardized way
- Considers all available evidence and evaluates each study

### What are systematic reviews of outcome measurement instruments (OMIs)?

- These reviews evaluate the quality of OMIs based on many studies
- **Example:** A review of tools to assess muscle strength



### Why are these reviews important?

Results of these reviews help with:

1. Selecting the best OMI for a particular purpose
  - ➔ If a less optimal OMI is selected, the outcome may not be accurate and the wrong treatment could be prescribed
2. Identifying OMIs that need more research

