

# IMPACT OF COVID-19 PUBLIC HEALTH PROTOCOLS:

## Teachers' Experiences Instructing In-Person

### IN APRIL 2020...

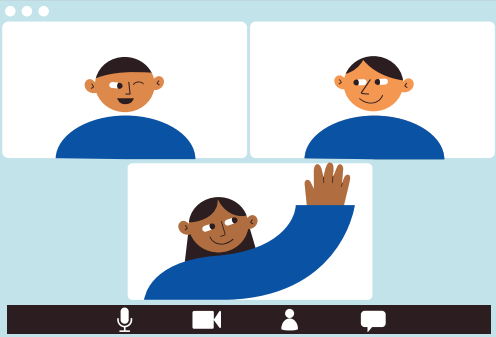
Many schools closed as a result of the pandemic. For teachers, this resulted in:

HEIGHTENED  
anxiety

INCREASED  
workloads

DISCONNECT  
from students + colleagues

UNPREPAREDNESS  
with technology use



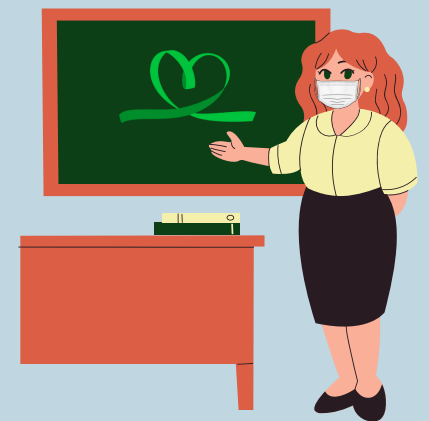
### WE EXPLORED...

The experiences and perspectives of teachers instructing in-person to determine the impact of public health measures on teachers'

MOTIVATION

MENTAL  
HEALTH

ABILITY TO  
TEACH



### WE SPOKE WITH...

14 elementary and high school teachers  
across the Greater Toronto Area

We collected data through focus groups and used a qualitative approach to identify themes.



### THREE THEMES THAT EMERGED...

Learning to navigate  
public health measures

Needing to adapt  
teaching styles

Striving to manage  
conflicting priorities

"I was excited. I missed being in front of students. I was very curious to see how I would react around these protocols [...] and see how [students] would react."

"I've never taught without tables where kids are working and facing each other and so to stand in front of a room that has 15 separate desks [...] to me was completely foreign."

"I could not wrap my head around how this was going to be possible [...] When schools are bigger and there's more kids, it's still a little scary but it does make me more hopeful in that way."

NEXT →

### RECOMMENDATIONS

To implement stress reduction initiatives and increase teaching development programs to better support teachers.

TO LEARN MORE, PLEASE VISIT  
OUR WEBSITE  
READ MORE ABOUT OUR STUDY HERE