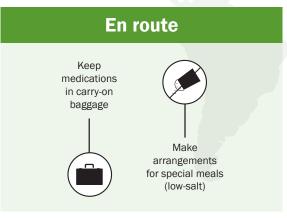
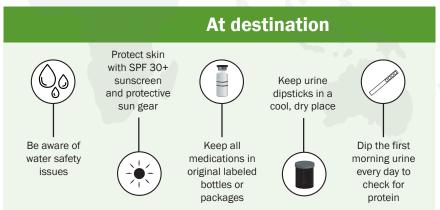
Nephrotic Syndrome: Travel Guide

ALWAYS TELL YOUR NEPHROLOGY TEAM ABOUT YOUR TRAVEL PLANS WELL IN ADVANCE







If you (your child) relapse(s):



- Start treatment for relapse immediately as per the travel protocol
- Seek medical care if: swelling increases or urine output decreases
- Inform the nephrology team of the relapse when you return

What is a travel relapse?

1.0 protein for 5 days, **OR**3.0 protein for 3 days, **OR**20+ protein for 1 day

Delay travel when possible if you are (your child is):

